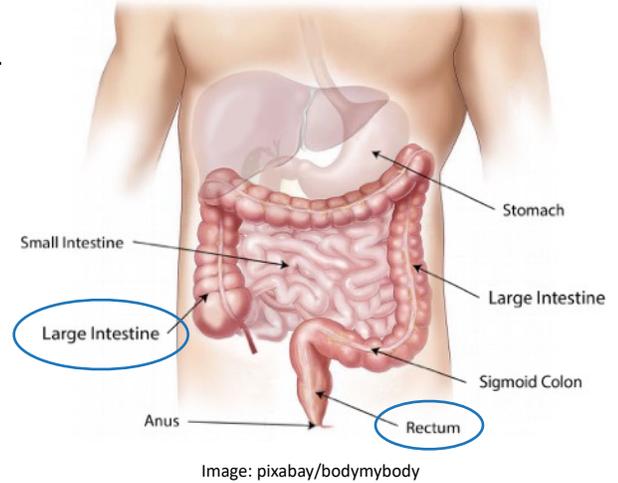


Can We Talk?

Colorectal Cancer Screening with HCB2



- Colorectal cancer is cancer of the colon and/or rectum. It is now the #1 cause of cancer-related death in people under the age of 50.
- Everyone is at risk, regardless of age. The good news is colorectal cancer is often preventable and highly treatable when caught early.
- Born after 1990? There is a 4x greater risk of rectal cancer and 2x greater risk of colon cancer.
- Recent guideline changes suggest that average risk people should begin screening at 45 years of age.
- Understanding your family history of colon cancer or colon polyps is important and may mean you need to start screening earlier.
- Pay attention to any symptoms, such as changes in bowel habits, blood in the stool, or persistent abdominal discomfort.
- Talk to your healthcare provider about what screening option may be best for you. There are several tests available.



	Yes	No
Do you have an immediate family member with a history of colon or rectal cancer or colon polyps? If yes, age of diagnosis? _____		
Do you have a personal history of colon or rectal cancer or colon polyps? If yes, age of diagnosis? _____		
Are you between the age of 45 and 75 years old?		
Do you suffer from any of the following issues with your bowel movements?		
Irregular bowel habits?		
Blood on toilet paper or blood in the stool?		
Abdominal pain or bloating?		
Chronic constipation?		
Have you been diagnosed with IBD, Ulcerative Colitis or Crohn's Disease?		
Have you ever been screened for colorectal cancer? If yes, how many years ago? _____		
Colonoscopy?		
Sigmoidoscopy?		
FIT?		
Cologuard?		
Other?		