

# **Boxer Brief 5K**

Start/Finish: Inside Stadium

### **Stadium Complex**

\*Start and run/walk straight out side gate, through gravel parking lot, onto Freeman sidewalk.

\*Cross McCloy and Turn right.

## McCloy/Douglasdale Intersection

\*Cross Douglasdale Road and run on left sidewalk over bridge of Powhite Pkway.

### Windsor Farms

\*Take right onto Portland Place after crossing bridge and enter Windsor Farms. Stay on LEFT side.

- \*Take first left onto Queen Charlotte at the 3-way stop sign. Move to right side.
- \*Take first right onto Gun Club. MILE 1.
- \*Take first right onto Dover Street.
- \*Take first right onto Portland. Move to left side, see WATER STOP @ Mile 1.5.
- \*Continue straight through 3-way stop.
- \*Stay left on left side and take left at end of Portland.
- \*Continue over bridge onto McCloy. Staying on left side.

# Stadium Complex

- \* Cross interstate intersection & cross Freeman. See WATER STOP.
- \* Continue on sidewalk behind stadium & take left onto Maplewood.
- \* Take left onto Freeman.
- \* Take sharp left onto gravel parking lot chute.
- \* Run/walk straight through gate and to finish line inside the stadium.



#### Freeman and McCloy intersection:

From Parking lot, walk down Freeman Rd (hill) to intersection with McCloy

**Powhite Bridge:** From Parking lot, walk down Freeman Rd (hill) to intersection with McCloy and turn right. Walk to overpass/bridge past the Powhite exit.

#### **Portland Place:**

From Parking lot, travel down Freeman Rd (hill) to intersection with McCloy - turn right. Drive straight, go over bridge past the Powhite exits. Position yourself at intersection of Portland Place. Runners turn right down Portland Place parallel to highway.

#### Windsor Farms:

From Parking lot, travel down Freeman Rd (hill) to intersection with McCloy and turn right. Drive straight and go over bridge, pass the Powhite exits. Take right onto Portland Place. Travel to first intersection (three way stop) which is Queen Charlotte. Direct runners/walkers to turn left onto Queen Charlotte at three way stop.

#### Water Stop:

From Parking lot, travel down Freeman Rd (hill) to intersection with McCloy and turn right. Drive straight and go over bridge, pass the Powhite exits. Take right onto Portland Place. Travel to first intersection (three way stop) and after stopping continue straight for 25 yards. See grassy area on right side of road with table and water supplies.

#### **Gun Club leaders:**

From Parking lot, travel down Freeman Rd (hill) to intersection with McCloy and turn right. Drive straight and go over bridge, pass the Powhite exits. Take right onto Portland Place. Travel to first intersection (three way stop) and take that left onto Queen Charlotte. Then take first RIGHT at Gun Club. Position yourself at Gun Club and Queen Charlotte to direct runners/walkers to take their right.

#### **Gun Club and Dover leaders:**

From Parking lot, travel down Freeman Rd (hill) to intersection with McCloy and turn right. Drive straight and go over bridge, pass the Powhite exits. Take right onto Portland Place. Travel to first intersection (three way stop) and take that left onto Queen Charlotte. Then take first RIGHT at Gun Club. Follow Gun Club to the end at intersection with Dover Street. Position yourself at Gun Club and Dover intersection to direct runners/walkers to go right onto Dover.

#### **Dover and Portland leaders:**

From Parking lot, travel down Freeman Rd (hill) to intersection with McCloy and turn right. Drive straight and go over bridge, pass the Powhite exits. Take right onto Portland Place. Travel to first intersection (three way stop) and continue straight to next intersection with Portland and Dover. Runners/walkers must take right from Dover onto Portland to head towards 3-way stop.