

Hitting Cancer Below the Belt (HCB2) Colorectal Cancer Resource Directory



This is a list of resources that may offer support to cancer patients and survivors in their treatment and recovery of colorectal cancer.

Financial

These are resources that may help reduce the cost of treatment and related care, including drug prescriptions.

- **Nancy's List** - <https://nancyslist.org/financial-assistance/>
- **CancerLinc** - <https://cancerlinc.org/>
- **Cost Plus Drugs** - <https://costplusdrugs.com/>
- **Virginia Cancer Institute** - <https://www.vacancer.com/>

Legal Services

- **CancerLINC** - <https://cancerlinc.org/>

Counseling/Support Groups

These organizations may provide in-person and/or online support for patients, survivors, caregivers and other loved ones.

- **COLONTOWN** - <https://colontown.org/>
- **Nancy's List** - <https://nancyslist.org/>
- **Ostomy Association of Greater Richmond** - <https://www.ostomy.org/ostomy-association-greater-richmond/>
- **Hawthorne Cancer Foundation** - <https://www.thehawthorne.org/>
- **Camp Kesem** (grief support for children) - <https://www.kesem.org/>
- **Full Circle Grief Center** - <https://fullcirclegc.org/>

Primary Care Services

These and other resources may be of assistance in establishing a medical home with a primary care provider.

- **Virginia Association of Free Clinics** - <https://www.vafreeclinics.org/>
- **Virginia Community Healthcare Association** - <https://vcha.org/locations/>
- **RevMed** - <https://www.revmedva.com/>
- **Richmond Integrative & Functional Medicine** - <https://richmondfunctionalmedicine.com/>
- **InHealth RVA** - <https://www.inhealthrva.com/>

Nutrition/Gut Health

Here are some functional medicine and other integrative health practitioners focused on nutritional support and improving gut integrity before, during and after treatment.

- **InHealth RVA** - <https://www.inhealthrva.com/>
- **Richmond Integrative & Functional Medicine** - <https://richmondfunctionalmedicine.com/>
- **Nancy's List** - <https://nancyslist.org/integrative-therapies-practitioners/>
- **Mark Hyman, MD** - <https://drhyman.com/>

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Integrative/Complementary Care

Services include acupuncture, breathwork, sound therapy and more.

- **Dr. Jamie McLaughlin, DOM, MS, LAc** - <https://www.drjamiemclaughlin.com/>
- **Breathwork Worldwide** - <https://www.breathworkworldwide.com/>
- **Elemental Healing with Eden Energy Medicine** (Heidi Winton-Stahle) - <https://elementalhealing-va.com/>
- **Sound Healing with Anna McChesney** - <https://www.healingsoundsrva.com/>
- **Nancy's List** - <https://nancyslist.org/integrative-therapies-practitioners/>

Physical Therapy/Rehabilitation

These organizations offer exercise and rehabilitation support for patients and survivors.

- **Select Physical Therapy/ReVital Cancer Rehabilitation** - <https://www.revitalcancerrehab.com/>
- **2Unstoppable** - <https://2unstoppable.org/>

Caregiver & Family Resources

- **Nancy's List** - <https://nancyslist.org/>
- **COLONTOWN** - <https://colontown.org/>

Colorectal Cancer Screening, Genetic Testing & Clinical Trials

These resources include links to screening services, including low-cost, and genetic testing and clinical trials.

- **ColonoscopyAssist** - <https://colonoscopyassist.com/>
- **Colon & Rectal Specialists (CRS)** - <https://www.crspecialists.com/>
- **Gastrointestinal Specialists (GSI)** - <https://www.gastrova.com/>
- **Leal Health (clinical trial registry)** - <https://www.leal.health/>

Colorectal Cancer and Other Education

These are organizations providing information on colorectal cancer, screening, prevention (including nutrition and environmental factors), and advocacy efforts in Virginia and beyond.

- **Hitting Cancer Below the Belt** - www.hcb2.org
- **Virginia Colorectal Cancer Roundtable** - <https://cancercoalitionofvirginia.org/vccrt/>
- **National Colorectal Cancer Roundtable (NCCRT)** - www.nccrt.org
- **Nutrition Coalition** - <https://www.nutritioncoalition.us/>
- **Environmental Working Group (EWG)** - www.ewg.org