

Can We Talk? Colorectal Cancer Screening with HCB2



- Colorectal cancer is cancer of the colon and/or rectum (also called large intestine or large bowel) and is the 2nd leading cause of cancer-related death in the United States.
- Men and women of ANY age are at risk for this disease, but it can be both preventable and treatable, especially if it is caught at an early stage.
- Incidence of colorectal cancer is rising in younger populations, including 20-39 year olds.
- It is important to know your family history of disease and to pay attention to any signs or symptoms that may possibly signal colorectal cancer.
- Recent guideline changes suggest that everyone begin routine screening at 45 years of age.
- A family history or personal history of disease, including cancer, may mean that earlier and more frequent screening is needed.
- There are several colorectal screening options available. Chat with your healthcare provider about which test may be best for you.

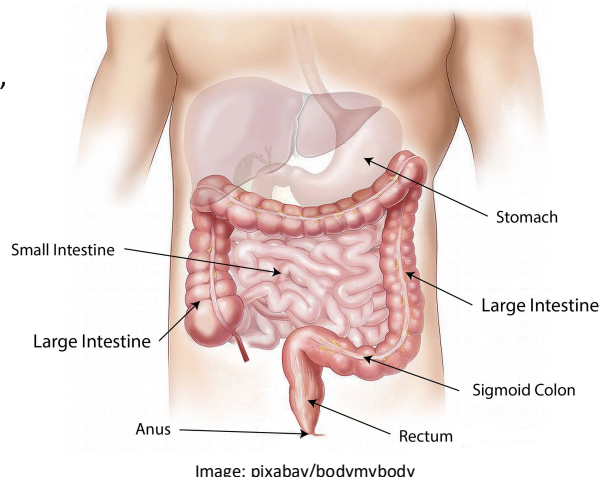


Image: pixabay/bodymybody

	Yes	No
Do you have an immediate family member with a history of colon or rectal cancer or colon polyps? If yes, age of diagnosis? _____		
Do you have a personal history of colon or rectal cancer or colon polyps? If yes, age of diagnosis? _____		
Are you between the age of 45 and 75 years old?		
Do you suffer from any of the following issues with your bowel movements? Chronic constipation?		
Blood on toilet paper or blood in the stool?		
Abdominal pain or bloating?		
Have you been diagnosed with IBD, Ulcerative Colitis or Crohn's Disease?		
Have you ever been screened for colorectal cancer? If yes, how many years ago? _____		
Colonoscopy?		
Sigmoidoscopy?		
FIT stool test?		
Other?		

Hitting Cancer Below the Belt - Helping to create a community without cancer.

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